San Diego Chapter
of the Japanese
American Citizens
League (JACL)
invites you to

## Sunday, July 30th from 1:30 to 3:30 pm

Serra Mesa-Kearny Mesa Public Library Community Room

9005 Aero Dr. San Diego, CA

## **A Panel Discussion**

## Shuukatsu - A

Shuukatsu in Japan refers to planning ahead for the last phase of life.

Are you prepared for you & your family?

- Leo Tanaka, M.D.
- Mitsuo Tomita, M.D.
- Akiko Morimoto, RN
- Shuji Masuda, RN, MPH
  - **Kyoko Fujishiro** 
    - **Keiko Jinno**
  - Rev. Yoshi Kaneda

- Unexpected injuries or illnesses can leave you unable to communicate. Then what would you do?
- What is Advance Health Care Planning?
- What is Hospice?
- What is Shuukatsu in Japan?
- > What can Home Care do for you and your family
- > Why Long-Term Care planning is of value
- Pastor Emeritus of Pioneer Ocean View United Church of Christ, will share reflections

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Join us!

